

# JANUARY

2025

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday




RESIDENT RUN  
 FITNESS (CR)  
 STAFF INFORMATIONAL (GR)  
 HAPPY HOUR/FOOD (GR)  
 GAMES (GR)  
 CLUBS / STUDIES (PD)  
 OUTSIDE VENDOR/EDUCATIONAL (GR)  
 NEW/SEASONAL EVENTS (GR)

1   
 OFFICE CLOSED

2  
 1 PM | CARD GAMES / MAHJONG  
 2:30 PM | SCRABBLE  
 6 PM | SPIRITUAL STUDY

3  
 9 AM | CARDIO CORE  
 2 PM | BINGO  
 4 PM | POP INTO THE NEW YEAR  
 7 PM | POKER 


4  
 10:30 AM | MORNING MIMOSAS  
 4 PM | NATIONAL SPAGHETTI DAY 

5  
 THIS WEEK (M-F, 9-5): VETERANS PHOTOS  
 PLEASE SEE GABY TO GET YOUR PHOTO TAKEN FOR OUR VETERANS WALL!

6  
 11 AM | LINE DANCING  
 2 PM | BINGO  
 4 PM | MEGAN'S LAST HOORAH

7  
 9 AM | BREAKFAST  
 2:30 PM | SPADES  
 7 PM | POKER

8  
 9 AM | BREAKFAST  
 9:30 AM | CHAIR AEROBICS  
 10:15 AM | STRENGTH & BALANCE  
 1 PM | MEXICAN TRAIN  
 2 PM | BINGO  
 4 PM | HOT TODDY HOUR 

9  
 9 AM | BREAKFAST  
 1 PM | CARD GAMES / MAHJONG  
 2:30 PM | SCRABBLE  
 6 PM | SPIRITUAL STUDY  
 7 PM | MOVIE: WE LIVE IN TIME 

10  
 9 AM | CARDIO CORE  
 2 PM | BINGO  
 4 PM | RESOLUTIONS MIXER  
 7 PM | POKER 

11  
 10:30 AM | MORNING MIMOSAS

12

13  
 11 AM | LINE DANCING  
 12 PM | PJS & PANCAKES  
 2 PM | BINGO 

14  
 9 AM | BREAKFAST  
 9:30 AM | CHAIR YOGA  
 2:30 PM | SPADES  
 3:00 PM | BRAIN HEALTH  
 7 PM | POKER

15  
 9 AM | BREAKFAST  
 9:30 AM | CHAIR AEROBICS  
 10:15 AM | STRENGTH & BALANCE  
 1 PM | MEXICAN TRAIN  
 2 PM | BINGO  
 4 PM | JEAN & TONIC HH 

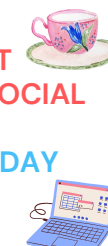
16  
 9 AM | BREAKFAST  
 1 PM | CARD GAMES / MAHJONG  
 2:30 PM | SCRABBLE  
 3 PM | FRIENDSHIP CLUB  
 6 PM | SPIRITUAL STUDY

17  
 9 AM | CARDIO CORE  
 2 PM | BINGO  
 4 PM | HAPPY HOUR  
 7 PM | POKER

18  
 10:30 AM | MIMOSAS & MINDFULNESS 

19

20  
 11 AM | LINE DANCING  
 2 PM | BINGO  
 4 PM | MORE SMORES! 

21  
 9 AM | BREAKFAST  
 2 PM | TEA TIME SOCIAL  
 2:30 PM | SPADES  
 3 PM | TECH TUESDAY WITH MEGAN  
 7 PM | POKER 

22  
 9 AM | BREAKFAST  
 9:30 AM | CHAIR AEROBICS  
 10:15 AM | STRENGTH & BALANCE  
 1 PM | MEXICAN TRAIN  
 2 PM | BINGO  
 4 PM | HAPPY HOUR

23  
 11 AM | BAGEL BAR   
 1 PM | CARD GAMES / MAHJONG  
 2:30 PM | SCRABBLE  
 6 PM | SPIRITUAL STUDY


24  
 9 AM | CARDIO CORE  
 2 PM | BINGO  
 4 PM | ROARING 20S NIGHT  
 7 PM | POKER 

25  
 8 AM | MEN'S GROUP  
 10:30 AM | MORNING MIMOSAS

26

27  
 11 AM | LINE DANCING  
 12 PM | VETERANS BENEFITS FOR VETERANS, SPOUSES, AND WIDOWS  
 2 PM | BINGO

28  
 9 AM | BREAKFAST  
 11 AM | PHYSICAL THERAPY EDUCATION  
 2:30 PM | SPADES  
 7 PM | POKER

29  
 9 AM | BREAKFAST  
 9:30 AM | CHAIR AEROBICS  
 10:15 AM | STRENGTH & BALANCE  
 1 PM | MEXICAN TRAIN  
 2 PM | BINGO  
 4 PM | DECADES MUSIC TRIVIA 

30  
 9 AM | BREAKFAST  
 1 PM | CARD GAMES / MAHJONG  
 2:30 PM | SCRABBLE  
 6 PM | SPIRITUAL STUDY

31  
 9 AM | CARDIO CORE  
 4 PM | HAPPY HOUR  
 7 PM | POKER

DID YOU KNOW?

January is National Soup Month in the United States, perfect for warming up during chilly days



**JANUARY**  
WORD SEARCH

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |        |             |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|--------|-------------|
| C | F | W | E | G | I | C | I | C | L | E | L | A | W | X | N | R | A      | BOOTS       |
| L | R | S | C | E | T | A | R | B | E | L | E | C | S | C | A | R | F      | CELEBRATE   |
| C | O | B | S | M | C | Y | Y | D | R | C | Q | R | E | M | M | R | CHILLY |             |
| C | S | R | R | G | W | I | I | E | J | K | L | A | Y | H | W | H | O      | COLD        |
| T | T | A | A | C | I | R | G | O | O | F | R | W | D | L | O | C | Z      | EARMUFFS    |
| V | Y | R | A | U | N | A | J | N | W | A | E | K | X | T | N | A | E      | FREEZE      |
| B | O | B | T | E | T | S | P | M | R | N | N | E | C | B | S | Y | N      | FROSTY      |
| O | T | R | S | L | E | D | D | I | N | G | N | O | F | I | N | K | E      | FROZEN      |
| O | E | M | A | I | R | T | E | Y | P | R | C | X | J | O | O | F | Y      | GLOVES      |
| T | G | L | O | V | E | S | G | G | W | O | F | D | R | E | W | M | P      | HAT         |
| S | W | X | H | G | I | P | B | N | A | R | E | H | E | N | F | L | E      | HOT COCOA   |
| G | R | E | K | L | A | F | X | S | N | O | W | B | A | L | L | S | C      | ICE         |
| D | J | T | E | D | R | K | A | O | S | F | F | U | M | R | A | E | S      | ICICLE      |
| Y | D | R | C | E | Q | R | S | U | M | I | C | E | L | C | K | R | R      | JANUARY     |
| I | E | J | E | L | A | S | N | O | I | T | U | L | O | S | E | R | G      | NEW YEAR    |
| H | E | Z | C | I | R | R | O | Q | L | I | E | J | K | L | A | N | H      | RESOLUTIONS |
| E | E | I | U | D | S | T | W | A | A | C | A | S | G | O | I | F | R      | SCARF       |
| I | T | Y | R | E | P | P | I | L | S | W | T | A | P | I | Q | J | N      | SKIING      |
| W | A | E | K | X | V | E | N | C | S | G | E | L | K | B | T | E | R      | SLEDDING    |
| C | H | I | L | L | Y | E | G | B | O | Y | K | S | N | O | O | T | R      | SLIPPERY    |

ACRAZYFAMILY.COM

*some* monthly happenings *around town*

- Every Thursday, 11 am - 12:30 pm - Hand Lettering Workshop @ Pipe & Palette Plano
- January 2-4, 7:30 - 10 pm + January 4, 2:30 - 5 pm - Chicago @ Willow Bend Center for the Arts, Rodenbaugh Theatre
- January 9-11 + 16-18 + 23, 8 pm - The Shakespeare Conspiracy @ Cox Playhouse
- January 30-31, 7:15 pm - The Little Mermaid @ Courtyard Theater
- January 3, 7:30 - 10 pm - Karaoke Night @ McCall Plaza
- January 5, 9 am - Winter Yoga Series with lululemon x True Food Kitchen @ True Food Kitchen
- January 5, 7 pm - Switched The Strange Case of Dr. Jekyll and Mr. Hyde @ Willow Bend Center for the Arts, NTPA Studios
- January 12, 1 - 4 pm - Great British Baking Intensive @ Central Market Plano
- January 18, 8 pm - The Beat Goes On! @ Plano ISD Robinson Fine Arts Center
- January 20, 12 - 1 pm - Learn @ Lunch: Cooking with Honey @ Central Market Plano
- January 24, 7 - 9 pm - Music Bingo @ McCall Plaza
- January 25, 1:30 - 4 pm - Acrylic Painting - Gorbатов's Winter's Day @ North Haven Gardens
- January 29, 6:30 - 8 pm - Chinese New Year Cooking Class @ Central Market Cooking School Plano